

HUMAN SERVICES

Physical Address: 31 Arbor Way, Ellington, CT 06029

Mailing Address: P.O. Box 187, Ellington, CT 06029

Phone: 860.870.3128

Joy Hollister, Director of Human Services

jhollister@ellington-ct.gov

Rebecca Stack, Elderly Outreach/Social Worker

rstack@ellington-ct.gov

The Ellington Human Services Department provides programs and services that meet the social services, health care, and transportation needs of the community. Including providing Ellington senior residents and their families with information on programs and services that can assist the elderly in living independently in our community.

PLEASE CALL TO SCHEDULE AN APPOINTMENT

Residents are provided direct service or referred to community-based programs.

~For those with early to moderate cognitive loss, their friends and family ~

Memory CAFÉ



For fun, company, and conversation

*Our Café will be opened for you,
on the last Wednesday of each month, @ 1 pm*

Where: Ellington Human Services, 31 Arbor Way, Ellington, CT

Mediated by Nicole Matson from Home Helpers Home Care

RSVP to Rebecca Stack for participant eligibility and more information:

860-870-3128



Home Helpers®
Making *Life Easier*®

Veterans' Coffeehouse

Meets the 3rd Thursday
of the month at
Hall Memorial Library at 10:30 a.m.
Veterans from all branches of the
US Military are invited to attend.



Next Meeting Date(s):
January 16th
February 20th

Contact Joe Palombizio
for more information
860-870-3182.

CARING FOR AGING PARENTS

Monday January 27th

At 6:30 pm

Location: Ellington Senior Center

40 Maple Street, Ellington

Caring for your Aging parents: As adult children take on caregiving responsibilities for their parents, they begin to manage their loved one's finances, living situations, health issues, medical decisions, and other daily activities.

Learn more about the impact on the physical and emotional health of caregivers and community resources, to prepare for the caregiving journey.

Sponsored by: North Central District Health Department
Presented by: Jennifer McCaughey, Hartford HealthCare Center of Healthy Aging.

Hosted by: Ellington Human Services

RSVP to Rebecca Stack 860.870.3128 or rstack@ellington-ct.gov
By Friday January 24th



Emergency
Assistance

**The Ellington Human Services Department
is booking Energy Assistance
appointments!**

**Call now to book your appointment
860-870-3128**

A list of required documents will be mailed to you after you book
your appointment.

Deliverable Fuels - oil, wood, propane, etc.

Utility Fuels - electric, natural gas, etc.

LAST DAY TO APPLY IS MAY 1ST!